

W I N T E R 2 0 1 0

MPC Social Services

Giving to Moscow's Needy Since 1991

German Christmas Market

The German Embassy brought Christmas cheer to Moscow this November with its annual Christmas Market.

Featuring traditional German foods, decorations, and of course, Weihnachtsmann, the market was a true joy to attend.

A huge thank-you goes to everyone who visited our MPC table and who bought tickets to our Lucky Dip. With your help, we raised 8200rub for our outreach programs.

We were also delighted to meet with the German Ambassador to Russia, Ulrich Brandenburg. Our gratitude goes to the German Embassy for inviting us to participate in this lovely event.



MPC Social Services Annual Gala 2010

The Lotte Hotel provided a glamorous venue and exquisite cuisine for the MPC Social Services 2010 Gala. With much thanks to our guests and sponsors, MPC Social Services raised over \$70,000, which is more than double last year!

We welcomed the Irish Ambassador to Russia, Philip McDonagh to our Gala. Guests enjoyed a meal especially created for this event before battling to win the auction lots sold by the internationally renowned auctioneer, Laurien Schroeder. The Smokebreakers kept the party alive until late into the night as guests danced to their favorite tunes.

A special thanks goes to all our sponsors, including Move One Relocation, SAB Miller, Coca-Cola, Lotte Hotel, The Ritz Carlton, Renaissance Hotel, NB Gallery, Shishkin Gallery, La Maree, Diageo, Solntse Mexico, Starlite Diner, Chicago Prime, Imperial Tailoring Company, Lensmaster, TenPilates, Ferrero, Mo.design, Tous, The Expat Salon, Rousdel, Dream Industries, News Outdoor, Gowlings, Entyce Creative, Copy General, Nike, and John Deere.

Our thanks also goes to many individuals and artists including, Lisa Shukov, Irina Shachkova, Vadim Kirilov, Mikhail Korda, Ivan Groschev, Vadim Palazhchenko Laura Ames, Becky Wood, Megan Moates, Alexandra Karaganova, Kristine Piseyeva, Katrina Elledge.





Soup Kitchen for Pensioners welcomes new Volunteers

A unique aspect of our soup kitchens is that we welcome volunteers at anytime. In recent months, 9th graders from the Anglo-American School (AAS) and staff from the international law firm, Linklaters, have served at our soup kitchen.

There are many benefits of volunteering, as Aynsley O'Carroll, Grade 9 Level Leader at AAS recently observed, "For our Grade 9's, volunteering with MPC involves tangible work that can inspire ethical questions about their world and help them to find meaning in their lives. Students consistently finish a shift of volunteering with hopes to return and be involved - however brief - in the lives of other Muscovites."

MPC would like to thank AAS and Linklaters for their ongoing help and support.

Since 1991, we have provided a daily meal to some of Moscow's neediest individuals. Access to food is a key part of care for older people and with your

generous support, MPC Social Services has served over 2 million meals to those in need. Our soup kitchen for pensioners recently moved to a new location near the Universitet metro at Stolovaya 14, 8 Lebedeva Street. It is open from 11am to 1pm Monday to Friday and continues to provide accessible assistance to pensioners. MPC Social Services receives no government support and relies entirely on individual and corporate donations.

We are extremely thankful to the German Embassy in Moscow and the International Women's Club for their continued support in funding our soup kitchens. To make a donation or to volunteer, please contact Elizabeth Owen directly at mpcdevelopmentdirector@gmail.com MPC Social Services runs ten outreach programs around Moscow. For more information, please visit www.mpcrussia.org

A word of thanks...

MPC Social Services relies on the generous donations we receive from individuals, companies, organizations, and embassies. We would like to thank our ongoing partners for all their support.

- IWC
- German Embassy Moscow
- United States Embassy Moscow
- Canadian Embassy Moscow
- Anglo-American School
- British International School
- St. Andrew's Society
- Metro Cash and Carry
- Auchan Supermarket
- OKEY Supermarket
- Ahmad Tea
- Campbell's
- Campina
- Solnste Mexico
- Starbucks
- Coca-Cola
- Pepsi
- Le Pan Quotidien
- Move One Relocation
- DHL
- IMG

Moscow Companies Support MPC Food Programs

In the last quarter, MPC Social Services received a flood of donations of food and beverages from many generous companies in Moscow. These donations supplement our food sharing programs and allow us to reach out to more needy individuals around Moscow.

MPC currently supports many people, including the elderly, refugees, and single parents and their children through a regular food bag from our food pantry. For many, a food bag is a steady source of nutrition and a means of survival.

Each day since September, Le Pan Quotidien has generously donated all their leftover bread and pastries to our food pantry. The food is distributed among all our outreach programs.

In October, we received a huge donation from Auchan. They provided enough food for our

food sharing programs to operate for the entire month! We are very grateful to them.

Solnste Mexico continues to donate 160 packages of tortillas every month and recently, they added corn chips to the donation. This complements our UNHCR refugee program and we welcome this ongoing partnership.

In addition, every Tuesday and Thursday, Metro Cash and Carry donates near-expiry dairy products and fresh fruit. This supplements the diets of many needy individuals.

Just last month, we were able to collect bags of mis-packaged tea from Ahmad Tea Company to distribute in all our food-sharing programs. We hope to find ways to continue this partnership.

Earlier this month, OKEY Supermarket made a large donation of rice, oil, sugar, and pasta. We now have plenty of food

to keep up with the ongoing needs of our clients over the holiday period.

Starbucks donated 500kg of coffee beans! We are currently seeking ways to grind the coffee to add to our food bags. Please let us know if you can help!

Finally, Kofeynaya Kantata has just donated an additional 375kg of instant coffee for our food bags.

Alyssa Allan, Food Bank Coordinator, said, "Thanks to businesses like these, in-kind donations to our food pantry have increased in recent months, allowing us to expand our work and give much-needed support to needy individuals."

The distribution of this food would not be possible without the support of Move One Relocation and DHL. We are very thankful to them.

If you would like to develop a partnership with us, please contact mpcdevelopmentdirector@gmail.com

Save the Date!

Candlelight Service:
December 24, 2010

This Christmas Eve, MPC invites you to our traditional candlelight service at St. Andrew's Church at 7pm.

Children are welcome and childcare is provided.
Address: Voznesensky per. 8, Metro Okhotny Ryad, Pushkinskaya.

Soup Kitchen Party:
January 11, 2011

We will be having our mothers and children Christmas party. We are looking for sponsors to buy Christmas gifts for the children.

To buy a gift for 500rub or less, please contact mpchaplaincy@gmail.com

Racial Taskforce:
In the New Year

MPC will publish its much anticipated report on the quality of life of people of color in Moscow.

If you would like to receive a copy of the report, please contact mpctaskforce@gmail.com



Direct Appeal: MPC Social Services is urgently seeking storage space in Moscow. If you can help, contact mpchaplaincy@gmail.com